



RCSI
MEDICAL
UNIVERSITY
OF BAHRAIN



UNIVERSITY PROSPECTUS

Royal College of Surgeons in Ireland - Medical University of Bahrain

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“Enhancing health in the region and beyond,
through endeavour, innovation and collaboration
in education, research and service.”

ABOUT RCSI

Established in 1784, RCSI was founded to set and support the standards for surgical training and practice in Ireland, something that continues to this day.

Today RCSI is an innovative, world leading international health sciences education and research university with undergraduate and postgraduate schools and faculties across the health sciences spectrum.

RCSI is headquartered in Dublin and has over 60 nationalities represented within its undergraduate student population. This international focus is further reflected in the presence of independent campuses in Bahrain and Malaysia.

Unlike most medical schools, which are part of large multi faculty, government funded universities, RCSI is an independent, not for profit, institution with a singular focus on health sciences, largely independent of state funding. This focus and independence allows us to pursue our own priorities in the pursuit of excellence in medical education, training and research.

Times Higher Education (THE) ranks RCSI at #1 in the world for 'Good Health and Well-being', which is a testament to the huge commitment of staff, students and researchers to meeting the United Nation's Sustainable Development Goal 3.

ABOUT RCSI BAHRAIN

The Royal College of Surgeons in Ireland – Medical University of Bahrain, or RCSI Bahrain, is a constituent university of RCSI.

RCSI Bahrain is accredited by the Higher Education Council in the Kingdom of Bahrain as an independent private university, and like its counterpart in Dublin, is a not-for-profit health sciences institution focused on education and research to drive positive change in all areas of human health worldwide.

With a long-standing history of educating Bahraini students, RCSI was invited to set up its own campus in the Kingdom and the University officially opened its doors to a cohort of 28 medical students in 2004. Today, the purpose-built campus which features a host of teaching spaces, laboratories, offices, a library, a restaurant, a dedicated student support centre and extensive sports and recreational facilities is home to a student body of over 1,700 across Schools of Medicine, Nursing and Midwifery and Postgraduate Studies and Research.

Through the provision of high-quality transnational education aligned across three continents, RCSI Bahrain is recognised around the world for producing practice-ready graduates who can compete for international places. The University is also focused on developing original research and development across the health and biomedical sciences in line with the requirements of the region.

OUR PROMISE

At RCSI Bahrain, our mission is to inspire, educate and train competent and caring graduates, to international standards, who are prepared for life-long learning and to become future healthcare leaders.

Over two centuries ago, the founders of RCSI embarked on a journey of their own and they committed to an enduring promise, to define a universal standard of care for all patients.

Your journey will follow in the path of former students who have embraced this promise, from advancing patient care across geographical boundaries, to providing care and education where there is none.

This enduring commitment to our promise continues to drive our commitment to you, fulfilling our shared responsibility for human health.

The Medicine Promise



The Nursing Promise



Why study at **RCSI Bahrain**



Founded on over **230** years of educational excellence



Study in an environment with a single focus on **health sciences**



Student community of over **45** nationalities



Built on the principal of **patient care**, which is embedded into the curriculum



Globally-recognised degrees provide the platform for international mobility

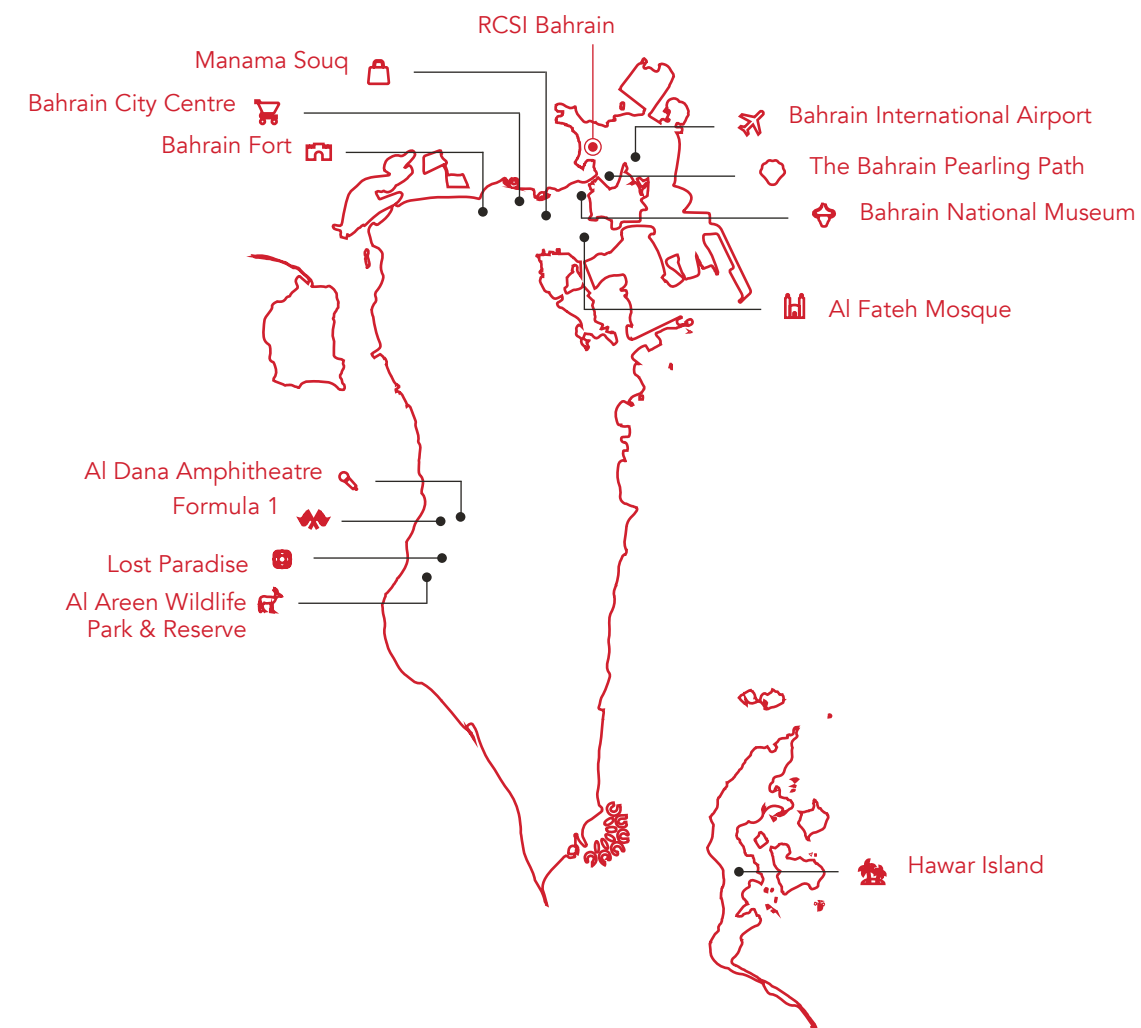


More than **3,500** alumni working in over **34** countries

ABOUT BAHRAIN

Bahrain is one of the most forward-thinking countries in the Arab world and has an open environment conducive to the full student experience. The Kingdom combines the best of Middle Eastern traditions with a modern infrastructure and diverse population, where expatriates and locals live in harmony.

Academically, Bahrain has excellent educational standards, governed by the Higher Education Council. The Bahrain Education and Training Quality Authority (BQA) ensures the quality of education is kept at the highest standard.





Medicine Programme

RCSI Bahrain offers a five or six year undergraduate medicine degree programme for school leavers and those who have already obtained a bachelor's degree.

At RCSI Bahrain, we produce medicine graduates who are not only knowledgeable in the science of medicine but are also exceptionally well trained clinicians. You will study in an innovative learning environment, where early clinical exposure is a priority, and the emphasis is on learning by doing.

In the early years of the programme, you will receive a solid foundation in the sciences and study the normal functioning body. In the intermediate years, you will move into the clinical setting and examine the diseases of the body. During this period, you will have the opportunity to develop your clinical, communication and professional skills in a variety of settings.

Your clinical skills will be put into practice in the final two years of the programme, when you will be based in a number of RCSI Bahrain affiliated hospitals, completing discipline specific clinical rotations under the supervision of highly skilled specialists.

Upon successful completion of the programme, you will receive degrees from RCSI Bahrain and the National University of Ireland (NUI), which are recognised around the world and allow graduates to compete for international places.

Course Duration	5/6 years
Degree Awarded	MB, BCh, BAO (Hons)

Please visit rcsibahrain.edu.bh for further details about our programmes

Scan the QR code to apply to the Medicine Programme



"RCSI Bahrain offers a supportive environment and a well-integrated, comprehensive approach to medical education. The curriculum is systems-based, providing a holistic understanding of medicine. The diverse student body creates a rich multicultural environment that enhances the learning experience."

Janan Radhi
Medicine Student



Medical Commencement Programme

RCSI Bahrain's Medical Commencement Programme (MCP) is designed to provide a learning path in English language and basic sciences to those who are interested in pursuing a career in medicine but require some specific additional knowledge. Upon successful completion of this one-year programme, candidates will progress to the Foundation Year stage of the undergraduate medicine programme.

On completion of the programme, students will receive a Certificate in Biomedical Sciences from the National University of Ireland, which is a Special Purpose Award at level 6 of the Irish National Framework of Qualifications.

The MCP comprises 12 modules run over two semesters, including Physics, Biology, Chemistry, Fundamental Sciences Laboratories and either English for Medical Studies or Research. In addition, students undertake

Third Level Learning (semester 1) and Communications (semester 2). Teaching methods vary according to the requirements of each module, but typically include lectures, tutorials, workshops, group and individual work and self-directed learning and are characterised by small class sizes.

Successful advancement to the undergraduate medicine programme will see students undertake the world-respected curriculum and assessments aligned across three continents. The National University of Ireland (NUI) degree awarded to RCSI Bahrain graduates is recognised around the world.

Course Duration	1 year
Degree Awarded	Certificate in Biomedical Sciences

Please visit rcsibahrain.edu.bh for further details about our programmes

"My experience at RCSI Bahrain has been incredibly enriching. The curriculum is rigorous and well-structured, providing a solid foundation in medical sciences while emphasizing the importance of clinical skills from the early stages."

Mohanad Mahdi
MCP Alumni

Scan the QR code to apply to the Medical Commencement Programme





Nursing Programme

The undergraduate BSc (Hons) Nursing programme is a four year, full-time course, which teaches the main themes of health, illness, nursing, caring and environment. Within these themes the curriculum is designed around the values of health promotion, health maintenance, illness prevention, communication, problem-solving and critical thinking, caring, evidence-based nursing and leadership. We place a major emphasis on developing clinical competence in our students, integrating theory and practice.

Since the establishment of the School of Nursing and Midwifery in 2006, RCSI Bahrain has educated its nursing graduates with the support and collaboration of long-term partners including Tamkeen; the Ministry of Health; Royal Medical Services hospitals (KHUH, BOC, MKCC, Military hospital), and Government Hospitals (SMC, etc), private hospitals and other healthcare facilities.

The School faculty is a dynamic blend of international and local nursing experts, which strives to provide high quality nursing education, meaningful research and community engagement. The programme offers opportunities for students to undertake elective placements at international universities and participate in international community engagement activities to increase their knowledge of global approaches to health care delivery and nurse and midwifery education.

Students graduate from the programme with a BSc (Hons) Nursing from RCSI Bahrain and the National University of Ireland (NUI).

Course Duration	4 years
Degree Awarded	BSc (Hons), Nursing Degree

Please visit rcsibahrain.edu.bh for further details about our programmes

Scan the QR code to apply to the Undergraduate Nursing and Midwifery Programme



"Through hands-on practical learning and real-world clinical experience, RCSI Bahrain has a clear plan for preparing me for life after graduation."

Nayla Burashed
Nursing Student

MSc in Nursing Programme

The Master of Science (MSc) in Nursing is tailored for registered nurses from diverse clinical and educational backgrounds who hold a Bachelor of Science (BSc) in Nursing and are seeking to pursue advanced education for both personal and professional development.

The programme is offered on a full-time basis, with an option for part-time study over two academic years. This flexible structure is designed to accommodate nurses who wish to continue their clinical practice while undertaking postgraduate studies.

In Year One, students will deepen their existing knowledge of nursing within the context of a global and evolving healthcare landscape, with particular attention to the social determinants of health and wellness.

In Year Two, students will apply their learning by conducting supervised research project in their chosen area of clinical practice. This work culminates in the submission of a 25,000-word dissertation, demonstrating their understanding of the research process and evidence-based practice.

Upon successful completion, graduates will be awarded a degree from RCSI Bahrain and the National University of Ireland.

Course Duration	1 Year (full-time)/ 2 Years (part-time)
Degree Awarded	Master of Science in Nursing

Please visit rcsibahrain.edu.bh for further details about our programmes

Scan the QR code to apply to the MSc in Nursing Programme



"The MSc in Nursing programme has significantly impacted my current role within the Nursing Quality Division. It has been a highly enriching experience, equipping me with extensive knowledge in research and leadership skills and enhancing my clinical skills."

Fahad Altailasan
MSc in Nursing
Student

OUR CAMPUS

Laboratories

Dedicated anatomy, general purpose and research laboratories on campus provide students with the opportunity to learn the basic sciences as well as fostering a passion for research. Each of the labs have their own breakout rooms and play host to a variety of classes, experiments, projects and events throughout the academic year.

Clinical Simulation Centre

The purpose-designed Ibn Al-Baitar Clinical Simulation Centre is a 12-bed facility with dedicated maternity, paediatric, medicine, surgery and intensive care areas and high-fidelity mannequins, designed to replicate the clinical settings in which students will be working in.

Take a virtual tour of the campus



Library and Learning Resource Centre

Between group study rooms and open plan areas, RCSI Bahrain's Avicenna Library and Learning Resource Centre (LLRC) provides a host of study and work spaces. The facility boasts a collection of over 13,000 print titles and a suite of e-resources, including E-books, E-journals, databases, clinical digests, bibliographic and reference tools related to the curricula, as well as a dedicated support team.

Centre for Student Success

Designed by students, for students, the Centre for Student Success (CSS) is a prized asset of the University and provides a comfortable alternative space to study, socialise, access resources or engage with tutors or other members of the support team. The centre is further supported by the Student Health and Wellbeing Unit.

The Hub

The HUB is located at the rear of the main campus building. As the heart of RCSI Bahrain's physical and social activity, it offers a space for relaxation, exercise, and socializing.

The ground floor lounge provides a comfortable retreat with video games and other amenities such as live sports games from around the world. For fitness enthusiasts, The HUB boasts separate mixed and female gyms, a Crossfit box, a studio for classes, and a consultation room for personalized fitness guidance.

Students also have access to a 900 square meter multipurpose sports hall, featuring one of Bahrain's best basketball courts, and a full-size outdoor artificial sports field.

With competitive sports teams, a variety of recreational activities, and expert fitness consultants, The HUB caters to all students at RCSI Bahrain.



STUDENT LIFE



Clubs and Societies

RCSI Bahrain fosters a vibrant campus community that balances academic excellence with personal growth. We believe that a well-rounded student life is essential for overall development, and our diverse range of clubs and societies offers endless opportunities to connect with like-minded peers.

Our annual Clubs and Societies Fair, held at the beginning of each academic year, is a dynamic platform for existing groups to showcase their achievements and recruit new members. For incoming students, it's an exciting chance to explore various interests and discover a community that aligns with their passions.

With over 50 clubs spanning fitness, arts, culture, technology, and more, there's something for everyone at RCSI Bahrain. We actively encourage the formation of new clubs to cater to the evolving interests of our student body. Driven by the Clubs and Societies and our enthusiastic Student Council, our campus is a hub of activity, hosting a wide array of events throughout the year.

Accommodation

RCSI Bahrain manages a building of 20 two-bedroom apartments within a three minute walk from the campus. A dedicated RCSI staff member serves as the residence's House Master, providing pastoral care and support to residents.

While many students secure accommodation prior to arrival, we understand that planning from afar can be challenging. Rest assured, ample housing options are available in the local area. Our Student Services office maintains a comprehensive list of nearby apartments, complete with contact information to facilitate your search.



Career Guidance

The Careers and Alumni Office is committed to nurturing outstanding healthcare professionals who will differentiate themselves as future healthcare leaders around the globe. The Careers function operates with the aim of helping our medicine and nursing students identify their personal and professional goals early on in their academic journey, and to support them in mapping and planning their future healthcare careers. Our experienced Careers team can advise students on licensing examination preparation, counsel them in specialty and residency selection, support them in interview skills and CV preparation, and guide them through the internship and residency application processes for a multitude of countries. The team provides an individualised and student-centric service, and we strongly encourage all students to utilise the available expertise as much as possible.

Following graduation, your RCSI Bahrain journey continues even after the Alumni Relations function graduation through the Alumni Relations function, which aims to foster lifelong relationships with RCSI Bahrain graduates. The Alumni and Careers functions work closely together to organise Alumni Talks and other careers events for students and graduates. In addition, the Alumni Relations function seeks to support documentation and other requests by alumni; organise social and

networking events; identify opportunities for alumni participation and recognition, act as liaison between student groups and graduates and enhance the range of resources made available to alumni.

Employability

Graduate-employability is built into our curricula, academic support services, careers advice and wider student activities. A critical measure of RCSI Bahrain's success in driving employability has been the performances of students in various licensing exams that allow them to practice in different countries. The University is proud of its strong record of graduates successfully passing the US Medical Licensing Examinations (USMLE), consistently demonstrating their preparedness and high standards.

The University also celebrates its students' outstanding success in the UK, achieving a 100% placement rate last year among those found eligible for training. To support students in their preparations for these exams, RCSI Bahrain provides a variety of resources, including question banks, mock examinations and advisory sessions.

Community Engagement

At RCSI Bahrain, we believe in developing healthy communities as part of our role as a health sciences education provider.

For our students as future healthcare professionals, caring for communities is fundamental, and we foster this sense of responsibility throughout your journey at RCSI Bahrain. All staff, students and alumni have the opportunity to register as community engagement volunteers and be part of a series of events and initiatives supporting local and international communities, often in partnership with various charities.

We have over 1,810 registered community engagement volunteers, who participate in events on and off campus, such as blood drives, walk-a-thons, charity runs, fund-raisers, health awareness events and much more.

Medicine and nursing students that actively participate in community engagement events during the academic year are eligible to apply for the International Community Engagement (ICE) programme. The programme offers students the opportunity to travel to international locations such as Jordan, Tanzania and Vietnam - to learn and experience diseases and procedures that are less common in our own cultures from international healthcare professionals.

35



International community engagement trips

3,590



Hours spent helping the community

1,810



Number of Volunteers





Research

Innovative research lies at the heart of enhancing human health and patient care. We are focused on clinical and patient-centred research, addressing key national, regional and global health challenges. A team of world-class researchers, clinicians, and academic staff from the university work collaboratively to conduct pioneering translational research across a range of health science disciplines.

The Research centre is specialised in the delivery of clinical trials to the highest of international standards. One such emerging area is clinical trials in stem cell technology, for which we have three dedicated research groups, being new stem cell, pancreatic islet cell, and tissue regeneration.

Research Opportunities

Mutually beneficial and meaningful research cooperation between students and academics is nurtured to foster new ways of thinking. This in turn better informs more impactful research projects and promotes a positive, inclusive research culture. Under our StEP programme we have created student co-leads, empowered to design and host research projects and contribute to our RSS feed.

Research Summer School (RSS)

The research summer school is designed to introduce students to the world of research by providing opportunities to become involved in research projects during the summer months. Students spend approximately 8 weeks of the summer in a non-laboratory, laboratory or clinical setting.

Annual Research Conference

The Annual Research Conference provides a forum for disseminating current research, exchanging new perspectives and facilitates new collaborations between our students and faculty for future projects.

During the Conference, the top six abstracts are shortlisted and presented orally, with the remainder exhibited as poster presentations, providing students, faculty and researchers to share their findings with attendees.

The University is committed to nurturing a supportive environment that encourages undergraduate students and faculty to engage in impactful research endeavours with the ultimate goal of nurturing future generations of healthcare researchers.

NEW ACADEMIC BUILDING



Project Overview

The new academic building is situated between the original main building and the existing sports hub. The expansion project plans to integrate three buildings into one complex, connecting the main building with the new academic building and existing sports and recreation hub. The project serves as a nexus, facilitating the flow of staff and students throughout the campus within a climate managed environment. The new academic building will bring notable improvement to the Student Experience with a new offering of net usable area, featuring social and recreational spaces, group study spaces, and a new library space. The Clinical Simulation space on campus will be expanded to over 1,000sqm, while the research laboratories and the teaching space will be doubled.

Environmental Stewardship

The new academic building intentionally focuses on environmental sustainability through a holistic integration of sustainable best practices into its cohesive architecture, interior design, landscaping and engineering design. In alignment with our existing Solar Farm, which supplies up to 65% of our current electricity needs, a forward-thinking aspect of the building design is the provision for future photovoltaic (PV) solar panels on roof spaces. Overall, the new academic building is aligned with Bahrain's building sustainability standards, with selected superior energy-efficient features

such as thick layers of sustainably produced insulation for enhanced thermal and acoustic performance, double-glazed windows, and sun shading devices have been incorporated to optimise energy consumption.

Thanks to advanced features, we believe that the RCSI Medical University of Bahrain Campus Expansion project aligns with our Green Campus initiative, which aims to enhance environmental sustainability on campus and fosters our contribution towards environmental stewardship. This comprehensive approach ensures that the project not only achieves operational efficiency and environmental responsibility, but also supports the well-being of our students, staff and visitors in line with RCSI's Vision of "Leading the World to Better Health" spaces.

Learn more about our
campus expansion project



1,590 
sq m

New library space spanning across two spacious floors.

1,568 
sq m

Social, recreational space, and group study spaces

Alumni Profiles



Dr Bassam Al Hamer
Class of 2020

Dr. Bassam Alhamer, Class of 2020 Valedictorian is currently in his third year of internal medicine residency at Pennsylvania Hospital. He completed his intern year at KHUH before matching into his residency program, which he chose for its strong fellowship match and supportive faculty. Dr. Alhamer will begin an endocrinology fellowship at the Hospital of the University of Pennsylvania (HUP), with research interests in neuroendocrinology and endocrine neoplasia. He has been recognized with the National University of Ireland Dr. HH Stewart Medical scholarship award (second prize).

Ms Hawra Saeed
Class of 2020

Ms. Hawra Saeed, Class of 2020 Valedictorian, is an academic at the University of Bahrain, College of Health and Sports Sciences, in the Nursing Department. She teaches undergraduate nursing courses, including theory, practical skills, and clinical supervision, and conducts practical examinations. Ms. Saeed also participates in research and community educational workshops. She serves as a Nurse Ambassador and School Coordinator for the "Future Nurses Bahrain" campaign, advocating for nursing as a career and emphasizing the broad opportunities within the nursing profession.



Dr Suzan Skef
Class of 2011

Dr Suzan is currently the Associate Program Director of the UT Houston McGovern Medical School family medicine residency program. Dr. Skef is a Syrian American who grew up in the Middle East. She completed her family medicine training in Chicago, and then completed her master's in medical education and faculty development fellowship at the University of Pittsburgh / UPMC St. Margaret FMRP. She then stayed on to be the Director of Undergraduate education at UPMC STM prior to moving to Houston. Dr. Skef's interests include interprofessional education and evaluation & assessment.



Application Essentials

RCSI Bahrain's application process is designed to be as simple as possible and completed through the online portal on our website. Once the application has been submitted, our Admissions team will communicate with candidates via e-mail.

A number of internal and external scholarship opportunities are available to those applying to RCSI Bahrain programmes. This includes RCSI Bahrain's Medicine and Nursing Scholarships, as well as Shaikha Moza Bint Hamad and Dr Shaikh Mohammed Bin Abdulla Al Khalifa Medicine Scholarships.

Full information on entry requirements, fees and how to apply can be found at www.rcsibahrain.edu.bh

Step 1 APPLY

- Fill online application available on the website.
- Non-refundable application fee (BSc in nursing \$50 and medicine \$100).
- Upload all required documentation.

Step 2 INTERVIEW

- Eligible applicants will be notified by e-mail.
- Interview by a faculty member assessing communication skills, maturity motivation and suitability for a career in healthcare.
- Nursing applicants required to sit English entrance exam or provide IELTS/ TOFEL certificate.

Step 3 OFFER

- Applicant considered by the Admissions Committee.
- Recommended for appropriate entry stage by committee.
- Notified of outcome by e-mail acceptance or otherwise in due time.

Step 4 ACCEPT

- Submit signed acceptance of offer, student agreement and proof of payment or sponsorship letter.
- Submit final result to Admission Office (for conditional offers).
- A final outcome letter will be sent.
- An acceptance email is required if any changes to entry stage.

Step 5 ENROL

- An acceptance email is required if any changes to entry stage.
- Complete payment of first year fees.
- Attend Orientation.
- Begin your journey as an RCSI Bahrain student.

Contact Us



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Leading The World To **Better Health**